



Welcome to Our Newsletter

Spring has finally arrived and we hope everyone had a great Easter.

Our residents have already enjoyed a trip to the lake and some activities in the garden thanks to the lovely weather we've been having recently.

Our book club is also becoming a popular pastime and, as ever, some friendly competition is always going on somewhere in the home.

We hope you enjoy our newsletter and would love it if you shared it with family and friends.



Easter Arts and Crafts

We had lots of Easter craft sessions this year and our artistic talents flourished in the sun when we created some beautiful Easter decorations.

The Easter bonnets were beautiful and we produced some colourful eggs to decorate the garden.

Easter Monday was a peaceful day at Woodeaves and our residents took the opportunity to paint some Easter themed rocks whilst chatting happily amongst themselves.

Baby Shower

Our Deputy Manager, Shannon, is now on maternity leave but before she left we surprised her with a Baby Shower. It was great fun and we all wish her the very best in her new family to be of three. Dawn is stepping up to cover Shannon's post and we all appreciate her efforts.



Book Club

We have a very active Book Club at Woodeaves with a selection of books and magazines that our residents like to relax with whilst enjoying a nice cuppa.

Books are a great way to look out into the world and there's nothing nicer than flicking through a book or magazine and remembering past hobbies or places that were visited.



Let's Keep Moving

Everyone loves the visits from RISE Cheshire, and we all enjoy the challenge of doing our very best when exercising.

Our staff understand the importance of exercise and movement for our wellbeing and it's lovely to hear everyone laughing and chatting their way through our exercise sessions which also include chair based exercises and senior chair yoga.

Monday Meetup

Monday, 19th January was Blue Monday, a mental health awareness day. There was nothing blue about our Monday though. We had a mix of resident activities include a sing-along and dance session, some games of Bingo and Higher or Lower as well as some lovely 1-2-1 room visits. And, as it was also National Popcorn Day, how could we resist a relaxing movie afternoon, with 'Grease' and popcorn to keep us company.



Cheese, Wine and More!

We held a lovely Cheese & Wine afternoon recently. There was a variety of beverages for our residents with cheese, pickle and crackers. It was a real treat and had our tastebuds buzzing!

National Strawberry Day was 27th February and Tina found lots of Strawberry flavoured treats for our residents to try on the morning tea trolley. Then, in the afternoon our residents got stuck in with arm chair exercises, utilising the hoola hoop.



Ukulele Sing-Along

We've had two visits from Richard Carter recently who leads our residents in lively sing-alongs with his ukulele. It's a wonderful way to spend an hour and release all those good endorphins. We can't wait for his next visit!



Room Vacancies

Woodeaves Care Home is a lovely, welcoming environment filled with dedicated and friendly staff. We currently have a beautiful room available, so if you, or any of your friends and family, are looking for a loving and caring home for a relative, please contact either our Manager, Colleen, or Deputy, Dawn, on 01270 621550.

We offer daily activities with plenty of opportunities to go out and about in the local area, so you can be sure your loved one is safe and cared for and in our wonderful home.

ROOMS NOW AVAILABLE

Woodeaves Care Home

- Wonderfully decorated rooms
- Experienced, caring staff
- Located near a beautiful lake
- Regular day trips
- Daily activities
- Home cooked meals
- A warm, homely environment for your loved one

Rated 'Good' by CQC

Please contact our friendly manager, Colleen for more information

colleen@woodeaves.co.uk
01270 621550

www.woodeaves.co.uk



In-House Entertainment

Monthly Musical Exercise Sessions

Chair Based Activities

Reminiscence time in groups & individually (1 to 1)

Baking

Manicure & Nail Painting

Arts & Crafts

Good Old Fashioned Sing-alongs!

Extra Services

Foot Care

£42 for initial assessment then £32 per visit thereafter

(increase from 1st June to £45 for initial assessment then £35 per visit thereafter)

Hairdressing costs

Cut & Blow Dry—£25.00

Blow Dry—£16.00

Men's Cut—£10.00

Please note that our hairdresser comes in regularly each Tuesday

Feedback

If you have any suggestions for improvements to the Home or the service we provide, do let us know. Also, please feel free to send in any articles, memoirs or photo's for inclusion in our newsletter.

Woodeaves Residential Care Home

9 Park Road, Nantwich, Cheshire, CW5 7AQ

Tel: 01270 621550 Fax: 01270 621551 Email: info@woodeaves.co.uk Web: www.woodeaves.co.uk